

Gender Autobiography



Sociology 316 with Dr. Mary Virnoche, Humboldt State University

Prepare a gender autobiography. In 4-5 pages reflect on the following:

1. Your earliest recollection of yourself as a gendered being. Provide any details that you recall regarding circumstances, reactions of others if others were involved, your feelings at the time.
2. Discuss two examples of gender socialization that were most salient in your childhood (perhaps one is your earliest recollection). Reflect upon the processes by which you incorporated all or part of those experiences into your gender identity (this may include using them as a negative marker for identity development, i.e. "there's no way I want to be like that...").
3. Discuss one example of gender resocialization. An event or experience that occurred later in your life that required you to rethink your own gender identity. Discuss that process, the types of changes that it brought about, and your feelings involved.
4. Discuss or review (some may be referenced above) your current understanding of yourself as a gendered being.